

## Dosing Instructions for hCG (Novarel, Pregnyl, Human Chorionic Gonadotropin)

<p style="text-align: center;"><b><u>MEDICATION DOSE: 10,000 units hCG:</u></b></p> <p><b>* IF YOU HAVE ONE 10,000IU VIAL:</b></p> <ol style="list-style-type: none"> <li>1. Draw out <b>1cc/mL</b> of water using the 3ml 18g 1 ½” needle/syringe and inject into powder vial.</li> <li>2. Once medication has dissolved completely draw out <b>ENTIRE 1cc/mL</b> of mixture.</li> <li>3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.</li> </ol> <p><b>* IF YOU HAVE TWO 5,000IU VIALS:</b></p> <ol style="list-style-type: none"> <li>1. Draw out <b>1cc/mL</b> of water using the 3ml 18g 1 ½” needle/syringe and inject into first powder vial.</li> <li>2. Once medication has dissolved completely draw out <b>ENTIRE 1cc/mL</b> of mixture.</li> <li>3. Inject mixture into second powder vial. Once medication has dissolved completely draw out <b>ENTIRE 1cc/mL</b> of mixture.</li> <li>4. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.</li> </ol>	<p style="text-align: center;"><b><u>MEDICATION DOSE: 5,000 units hCG:</u></b></p> <p><b>* IF YOU HAVE ONE 10,000IU VIAL:</b></p> <ol style="list-style-type: none"> <li>1. Draw out <b>2cc/mL</b> of water using the 3ml 18g 1 ½” needle/syringe and inject into powder vial.</li> <li>2. Once medication has dissolved completely draw out <b>ONLY 1cc/mL</b> of mixture.</li> <li>3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.</li> </ol> <p><b>* IF YOU HAVE TWO 5,000IU VIALS:</b></p> <ol style="list-style-type: none"> <li>1. Draw out <b>1cc/mL</b> of water and inject into powder vial.</li> <li>2. Once medication has dissolved completely draw out <b>ENTIRE 1cc/mL</b> of mixture.</li> <li>3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.</li> </ol> <p><b>**please note- you will not use the second vial of hcg powder**</b></p>
<p style="text-align: center;"><b><u>MEDICATION DOSE: 2,500 units hCG:</u></b></p> <p><b>* IF YOU HAVE ONE 10,000IU VIAL:</b></p> <ol style="list-style-type: none"> <li>1. Draw out <b>2cc/mL</b> of water using the 3ml 18g 1 ½” needle/syringe and inject into powder vial.</li> <li>2. Once medication has dissolved completely draw out <b>ONLY 0.5cc/mL</b> of mixture.</li> <li>3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.</li> </ol> <p><b>* IF YOU HAVE TWO 5,000IU VIALS:</b></p> <ol style="list-style-type: none"> <li>1. Draw out <b>1cc/mL</b> of water using the 3ml 18g 1 ½” needle/syringe and inject into powder vial.</li> <li>2. Once medication has dissolved completely draw out <b>ONLY 0.5cc/mL</b> of mixture.</li> <li>3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.</li> </ol> <p><b>**please note- you will not use the second vial of hcg powder**</b></p>	<p style="text-align: center;"><b><u>MEDICATION DOSE: 1,500 UNITS hCG:</u></b></p> <p><b>* IF YOU HAVE ONE 10,000IU VIAL:</b></p> <ol style="list-style-type: none"> <li>1. Draw out <b>3cc/mL</b> of water using the 3ml 18 1 ½” needle/syringe and inject into powder vial.</li> <li>2. Once medication has dissolved completely draw out <b>ONLY 0.5cc/mL</b> of mixture.</li> <li>3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.</li> </ol> <p><b>* IF YOU HAVE TWO 5,000IU VIALS:</b></p> <ol style="list-style-type: none"> <li>1. Draw out <b>1cc/mL</b> of water using the 3ml 18g 1 ½” needle/syringe and inject into powder vial.</li> <li>2. Once medication has dissolved completely draw out <b>ONLY 0.3cc/mL</b> of mixture.</li> <li>3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.</li> </ol> <p><b>**please note- you will not use the second vial of hcg powder**</b></p>
<p style="text-align: center;"><b><u>LUPRON TRIGGER INSTRUCTIONS</u></b></p> <p><b>* If your Lupron has not been drawn up for you:</b></p> <ol style="list-style-type: none"> <li>1. Draw out 40 units of Lupron from vial using the provided orange capped insulin syringes</li> <li>2. Inject medication anywhere on the abdomen below the belly button</li> </ol> <p><b>* If your Lupron has already been drawn up for you:</b></p> <ol style="list-style-type: none"> <li>1. Inject medication anywhere on the abdomen below the belly button line using the provided orange capped insulin syringe</li> </ol>	<p><b>**Please note – you may be instructed to inject your hCG intramuscularly**</b></p> <p>If so, you will need to change to the <b>22g 1 ½’ needle</b>, and inject your dose to the <b>UPPER OUTER QUADRANT OF YOUR BUTTOCKS</b> at your assigned time.</p>